

Buona Restaurant Nutritional Information

Burgers	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Avocado Jack Burger (1 burger)	561	394	44	13	0	117	506	8	3	1	31	1284	9	139	3
Avocado Jack Burger (1 burger) with Add Applewood Bacon	636	448	50	15	0	132	731	8	3	1	37	1284	9	139	3
Avocado Jack Burger (1 burger) with Bun Choice Brioche	831	466	52	15	0	124	928	49	4	8	39	1534	9	179	4
Avocado Jack Burger (1 burger) with Bun Choice Gluten Free	821	439	49	13	0	117	886	60	3	3	35	1284	9	219	28
Avocado Jack Burger (1 burger) with Bun Choice Lettuce Bun	571	396	44	13	0	117	518	9	4	1	32	5477	20	162	3
Avocado Jack Double Burger (1 burger)	839	559	62	20	0	210	583	8	3	1	57	1284	9	163	5
Avocado Jack Double Burger (1 burger) with Add Applewood	914	613	68	22	0	225	808	8	3	1	63	1284	9	163	5
Avocado Jack Double Burger (1 burger) with Bun Choice Brio	1109	631	70	22	0	217	1005	49	4	8	65	1534	9	203	6
Avocado Jack Double Burger (1 burger) with Bun Choice Glut	1099	604	67	20	0	210	963	60	3	3	61	1284	9	243	31
Avocado Jack Double Burger (1 burger) with Bun Choice Lett	849	560	62	20	0	210	594	9	4	1	58	5477	20	187	6
Burger (1 burger)	403	271	30	9	0	102	486	4	1	2	27	1161	5	46	3
Burger (1 burger) with Add American Cheese	524	356	40	15	0	102	999	6	1	2	33	1701	5	249	3
Burger (1 burger) with Add Applewood Bacon	478	325	36	11	0	117	711	4	1	2	33	1161	5	46	3
Burger (1 burger) with Add Avocado	493	340	38	10	0	102	490	8	4	3	28	1237	10	52	3
Burger (1 burger) with Add Bleu Cheese	513	343	38	14	0	122	866	4	1	2	33	1461	5	196	3
Burger (1 burger) with Add Cheddar Cheese	509	355	39	14	0	135	866	4	1	2	34	1428	5	246	3
Burger (1 burger) with Bun Choice Brioche	673	343	38	11	0	109	909	45	2	9	35	1411	5	86	4
Burger (1 burger) with Bun Choice Gluten Free Wrap	663	316	35	9	0	102	866	56	1	4	31	1161	5	126	28
Burger (1 burger) with Bun Choice Lettuce Bun	413	272	30	9	0	102	498	5	2	3	28	5355	16	70	3
Double Burger (1 burger)	681	436	48	16	0	195	563	4	1	2	54	1161	5	71	5
Double Burger (1 burger) with Add American Cheese	802	521	58	22	0	195	1076	6	1	2	59	1701	5	273	5
Double Burger (1 burger) with Add Applewood Bacon	756	490	54	18	0	210	788	4	1	2	60	1161	5	71	5
Double Burger (1 burger) with Add Avocado	771	504	56	17	0	195	567	8	4	3	55	1237	10	77	6
Double Burger (1 burger) with Add Bleu Cheese	791	508	56	21	0	215	943	4	1	2	60	1461	5	221	5
Double Burger (1 burger) with Add Cheddar Cheese	787	520	58	21	0	228	743	4	1	2	60	1428	5	271	5
Double Burger (1 burger) with Bun Choice Brioche	951	508	56	18	0	202	986	45	2	9	62	1411	5	111	6
Double Burger (1 burger) with Bun Choice Gluten Free Wrap	941	481	53	16	0	195	943	56	1	4	58	1161	5	151	31
Double Burger (1 burger) with Bun Choice Lettuce Bun	691	437	49	16	0	195	575	5	2	3	54	5355	16	94	6
Hot Dogs	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Chicago-Style Dog (1 hot dog)	334	149	17	7	0	34	1326	34	0	8	13	88	2	29	2
Chicago-Style Dog (1 hot dog) with Extra Hot Dog	498	277	31	14	0	67	1863	35	0	8	20	88	2	29	3
Chili Dog (1 hot dog)	399	193	21	9	0	52	1045	35	2	6	20	75	1	91	3
Spicy Dog (1 hot dog)	423	234	26	11	0	35	1605	34	2	6	16	0	0	68	2
Spicy Dog (1 hot dog) with Extra Hot Dog	587	361	40	17	0	68	2142	35	2	6	23	0	0	68	3
Chicken Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Breaded Chicken Tenders, 4 Piece (1 serving)	603	295	33	6	1	100	1340	34	2	0	42	0	0	40	2
Breaded Chicken Tenders, 4 Piece (1 serving) with Barbecue	687	296	33	6	1	100	2137	55	3	17	42	0	11	50	2
Breaded Chicken Tenders, 4 Piece (1 serving) with Buffalo Sa	641	315	35	6	1	100	3491	38	3	1	43	0	6	53	2
Breaded Chicken Tenders, 4 Piece (1 serving) with Honey Mu	981	580	64	10	1	130	1950	56	2	21	43	0	0	45	2
Breaded Chicken Tenders, 4 Piece (1 serving) with Ranch Dr	979	635	71	12	1	134	1886	42	2	4	43	0	0	49	2
Breaded Chicken Tenders, 4 Piece (1 serving) with Zesty Buc	1003	614	68	11	1	100	1815	54	3	15	43	0	4	50	2
Breaded Chicken Tenders, 6 Piece (1 serving)	905	443	49	9	2	150	2010	51	3	0	63	0	0	60	3
Breaded Chicken Tenders, 6 Piece (1 serving) with Barbecue	988	443	49	9	2	150	2807	72	4	17	63	0	11	70	3
Breaded Chicken Tenders, 6 Piece (1 serving) with Buffalo Sa	942	463	51	9	2	150	4161	55	4	1	64	0	6	73	4
Breaded Chicken Tenders, 6 Piece (1 serving) with Honey Mu	1283	728	81	13	2	180	2620	73	3	21	64	0	0	65	3
Breaded Chicken Tenders, 6 Piece (1 serving) with Ranch Dr	1280	783	87	14	2	184	2556	59	3	4	64	0	0	69	3
Breaded Chicken Tenders, 6 Piece (1 serving) with Zesty Buc	1304	761	85	14	2	150	2485	71	4	15	64	0	4	70	4
Buffalo Chicken Sandwich (1 sandwich)	510	267	30	6	1	83	2446	32	1	4	26	1202	7	68	2
Buffalo Chicken Sandwich (1 sandwich) with Bun Choice Brio	780	339	38	8	1	90	2868	73	2	11	34	1452	7	108	3
Buffalo Chicken Sandwich (1 sandwich) with Bun Choice Glut	770	312	35	6	1	83	2826	84	1	6	30	1202	7	149	28
Buffalo Chicken Sandwich (1 sandwich) with Bun Choice Lett	521	268	30	6	1	83	2458	34	2	4	26	5396	18	92	3
Chicken Parmesan Sandwich (1 sandwich)	849	454	50	22	0	136	2328	63	3	5	34	1538	0	397	3
Crispy Chicken Sandwich (1 sandwich)	601	338	38	5	1	65	1683	39	1	11	23	1	3	30	2
Crispy Chicken Sandwich (1 sandwich) with Bun Choice Brio	871	410	46	8	1	73	2105	80	2	18	31	251	3	70	3
Crispy Chicken Sandwich (1 sandwich) with Bun Choice Glut	861	383	43	5	1	65	2063	91	1	13	27	1	3	110	28
Crispy Chicken Sandwich (1 sandwich) with Bun Choice Lett	611	339	38	5	1	65	1695	41	2	12	24	4194	13	54	3
Grilled Chicken Sandwich (1 sandwich)	437	253	28	5	0	115	476	3	1	1	40	1202	10	37	2
Grilled Chicken Sandwich (1 sandwich) with Bun Choice Brio	707	325	36	7	0	123	898	44	2	8	48	1452	10	77	2
Grilled Chicken Sandwich (1 sandwich) with Bun Choice Glut	697	298	33	5	0	115	856	55	1	3	44	1202	10	117	27
Grilled Chicken Sandwich (1 sandwich) with Bun Choice Lett	447	254	28	5	0	115	488	4	2	1	41	5395	21	61	2
Southwest Chicken Sandwich (1 sandwich)	500	270	30	7	0	122	776	10	4	1	44	1359	16	142	2
Southwest Chicken Sandwich (1 sandwich) with Bun Choice B	770	342	38	9	0	129	1199	51	5	8	52	1609	16	182	2
Southwest Chicken Sandwich (1 sandwich) with Bun Choice C	760	315	35	7	0	122	1156	62	4	3	48	1359	16	222	27
Southwest Chicken Sandwich (1 sandwich) with Bun Choice L	511	271	30	7	0	122	788	11	5	2	45	5552	27	166	2
Protein Bowls	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Beef and Sausage Bowl (1 bowl)	704	482	54	22	0	149	2787	5	1	1	48	488	46	54	6
Beef and Sausage Bowl (1 bowl) with Add Extra Mozzarella C	797	542	60	26	0	175	2987	6	1	1	55	674	46	214	6
Beef and Sausage Bowl (1 bowl) with Add Extra Vegan Chees	794	545	61	29	0	149	3027	12	1	1	48	488	46	54	6
Beef and Sausage Bowl (1 bowl) with Add Hot Giardiniera	757	529	59	24	0	149	3132	7	3	1	49	488	46	54	6
Beef and Sausage Bowl (1 bowl) with Add Marinara Sauce	810	574	64	27	0	174	3028	8	2	3	49	836	46	64	6
Beef and Sausage Bowl (1 bowl) with Add Sweet Peppers	724	495	55	22	0	149	2808	6	2	2	48	596	68	58	6
Beef and Sausage Bowl (1 bowl) with Cheese Choice Mozzar	844	572	64	29	0	189	3087	7	1	1	58	766	46	294	6
Beef and Sausage Bowl (1 bowl) with Cheese Choice Vegan	884	608	68	36	0	149	3267	19	1	1	48	488	46	54	6
Chicken and Avocado Bowl (1 bowl)	487	214	24	4	0	99	593	20	10	7	45	9630	61	152	5
Chicken and Avocado Bowl (1 bowl) with Cheese Choice Moz	627	304	34	11	0	139	893	22	10	7	55	9908	61	392	5
Chicken and Avocado Bowl (1 bowl) with Cheese Choice Veg	667	340	38	18	0	99	1073	34	10	7	45	9630	61	152	5
Meatball and Sausage Bowl (1 bowl)	980	758	84	38	1	197	2574	17	5	8	39	1602	47	164	5
Meatball and Sausage Bowl (1 bowl) with Add Hot Giardiniera	1050	821	91	41	1	197	3034	19	7	8	41	1602	47	164	5
Meatball and Sausage Bowl (1 bowl) with Add Sweet Peppers	1000	771	86	38	1	197	2594	19	5	8	40	1710	70	167	5
Meatball and Sausage Bowl (1 bowl) with Cheese Choice Mo	1120	848	94	45	1	237	2874	19	5	8	49	1880	47	404	5
Meatball and Sausage Bowl (1 bowl) with Cheese Choice Veg	1160	884	98	52	1	197	3054	31	5	8	39	1602	47	164	5
Buona Classics	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Arancini Beef Bites (1 serving)	534	264	29	13	1	60	1231	54	3	4	18	521	0	163	1
Big Joey's Beef, Large (1 sandwich)	452	261	29	14	0	126	1974	2	0	0	42	39	0	20	6

Big Joey's Beef, Large (1 sandwich) with Add Cheddar Cheese	559	345	38	19	0	159	2154	2	0	0	49	306	0	220	6
Big Joey's Beef, Large (1 sandwich) with Add Extra Meat	559	309	34	17	0	163	2367	2	0	0	55	39	0	20	8
Big Joey's Beef, Large (1 sandwich) with Add Hot Giardiniera	505	309	34	16	0	126	2319	3	2	0	43	39	0	20	6
Big Joey's Beef, Large (1 sandwich) with Add Marinara Sauce	558	354	39	20	0	151	2214	5	1	2	43	386	0	30	6
Big Joey's Beef, Large (1 sandwich) with Add Mild Giardiniera	508	309	34	14	0	126	2319	3	2	0	43	39	0	20	6
Big Joey's Beef, Large (1 sandwich) with Add Mozzarella Cheese	662	396	44	24	0	186	2424	5	0	0	57	456	0	380	6
Big Joey's Beef, Large (1 sandwich) with Add Sweet Peppers	472	275	31	14	0	126	1995	3	1	1	42	147	23	24	6
Big Joey's Beef, Large (1 sandwich) with Bread Option French Br	735	281	31	15	0	126	2646	57	2	2	52	39	0	153	7
Big Joey's Beef, Large (1 sandwich) with Bread Option Gluten Fr	712	307	34	14	0	126	2354	54	0	2	46	39	0	100	31
Big Joey's Beef, Large (1 sandwich) with Bread Option Guttered F	661	276	31	15	0	126	2469	42	1	1	50	39	0	118	7
Big Joey's Beef, Large (1 sandwich) with Gravy Option Baptized	563	360	40	19	0	140	2642	3	0	0	43	72	0	37	7
Big Joey's Beef, Large (1 sandwich) with Gravy Option Dipped	480	286	32	15	0	130	2141	2	0	0	42	47	0	24	6
Big Joey's Beef, Large (1 sandwich) with Gravy Option Original	508	311	35	16	0	133	2308	3	0	0	43	55	0	29	6
Big Joey's Beef, Regular (1 sandwich)	297	170	19	9	0	84	1288	1	0	0	28	25	0	13	4
Big Joey's Beef, Regular (1 sandwich) with Add Cheddar Cheese	403	254	28	14	0	117	1468	1	0	0	34	291	0	213	4
Big Joey's Beef, Regular (1 sandwich) with Add Extra Meat	403	218	24	12	0	120	1681	1	0	0	41	25	0	13	6
Big Joey's Beef, Regular (1 sandwich) with Add Hot Giardiniera	367	233	26	12	0	84	1748	3	2	0	30	25	0	13	4
Big Joey's Beef, Regular (1 sandwich) with Add Marinara Sauce	403	263	29	15	0	108	1528	4	1	2	29	372	0	22	4
Big Joey's Beef, Regular (1 sandwich) with Add Mild Giardiniera	352	217	24	9	0	84	1633	3	2	0	29	25	0	13	4
Big Joey's Beef, Regular (1 sandwich) with Add Mozzarella Cheese	437	260	29	16	0	124	1588	3	0	0	38	303	0	253	4
Big Joey's Beef, Regular (1 sandwich) with Add Sweet Peppers	316	183	20	9	0	84	1309	3	1	1	28	133	23	16	4
Big Joey's Beef, Regular (1 sandwich) with Bread Option French Br	494	184	20	10	0	84	1756	39	1	1	35	25	0	105	5
Big Joey's Beef, Regular (1 sandwich) with Bread Option Gluten Fr	557	215	24	9	0	84	1668	53	0	2	32	25	0	93	29
Big Joey's Beef, Regular (1 sandwich) with Bread Option Guttered F	420	179	20	9	0	84	1580	25	1	1	32	25	0	70	4
Big Joey's Beef, Regular (1 sandwich) with Gravy Option Baptized	408	269	30	14	0	97	1957	3	0	0	29	58	0	30	4
Big Joey's Beef, Regular (1 sandwich) with Gravy Option Dipped	325	195	22	10	0	87	1455	2	0	0	28	33	0	17	4
Big Joey's Beef, Regular (1 sandwich) with Gravy Option Original	352	220	24	12	0	90	1622	2	0	0	29	41	0	21	4
Buona Beef, Large (1 sandwich)	424	237	26	13	0	123	1807	1	0	0	41	31	0	16	6
Buona Beef, Large (1 sandwich) with Add Cheddar Cheese	531	321	36	18	0	156	1987	1	0	0	48	297	0	216	6
Buona Beef, Large (1 sandwich) with Add Extra Meat	531	285	32	15	0	159	2200	1	0	0	55	31	0	16	8
Buona Beef, Large (1 sandwich) with Add Hot Giardiniera	477	284	32	15	0	123	2152	3	2	0	43	31	0	16	6
Buona Beef, Large (1 sandwich) with Add Marinara Sauce	530	329	37	18	0	148	2047	4	1	2	42	378	0	25	6
Buona Beef, Large (1 sandwich) with Add Mozzarella Cheese	634	372	41	23	0	183	2257	4	0	0	56	448	0	376	6
Buona Beef, Large (1 sandwich) with Add Sweet Peppers	444	250	28	13	0	123	1827	3	1	1	42	139	23	19	6
Buona Beef, Large (1 sandwich) with Add Vegan Cheese	514	300	33	20	0	123	2047	8	0	0	41	31	0	16	6
Buona Beef, Large (1 sandwich) with Bread Option French Br	707	257	29	14	0	123	2478	56	2	2	52	31	0	148	7
Buona Beef, Large (1 sandwich) with Bread Option Gluten Fr	685	282	31	13	0	123	2187	53	0	2	45	31	0	96	31
Buona Beef, Large (1 sandwich) with Bread Option Guttered F	633	251	28	13	0	123	2302	42	1	1	49	31	0	114	7
Buona Beef, Large (1 sandwich) with Gravy Option Baptized	536	336	37	18	0	136	2475	3	0	0	43	64	0	33	6
Buona Beef, Large (1 sandwich) with Gravy Option Dipped	452	261	29	14	0	126	1974	2	0	0	42	39	0	20	6
Buona Beef, Large (1 sandwich) with Gravy Option Original	480	286	32	15	0	130	2141	2	0	0	42	47	0	24	6
Buona Beef, Regular (1 sandwich)	269	145	16	8	0	80	1121	1	0	0	27	16	0	8	4
Buona Beef, Regular (1 sandwich) with Add Cheddar Cheese	376	229	25	13	0	113	1301	1	0	0	34	283	0	208	4
Buona Beef, Regular (1 sandwich) with Add Extra Meat	376	193	21	10	0	117	1514	1	0	0	41	16	0	8	6
Buona Beef, Regular (1 sandwich) with Add Hot Giardiniera	339	208	23	11	0	80	1581	3	2	0	29	16	0	8	4
Buona Beef, Regular (1 sandwich) with Add Marinara Sauce	375	238	26	13	0	105	1361	4	1	2	28	364	0	18	4
Buona Beef, Regular (1 sandwich) with Add Mozzarella Cheese	409	235	26	15	0	120	1421	3	0	0	37	294	0	248	4
Buona Beef, Regular (1 sandwich) with Add Sweet Peppers	289	159	18	8	0	80	1142	2	1	1	28	124	23	12	4
Buona Beef, Regular (1 sandwich) with Add Vegan Cheese	359	208	23	15	0	80	1361	8	0	0	27	16	0	8	4
Buona Beef, Regular (1 sandwich) with Bread Option French Br	466	159	18	8	0	80	1589	39	1	1	35	16	0	101	5
Buona Beef, Regular (1 sandwich) with Bread Option Gluten Fr	529	190	21	8	0	80	1501	53	0	2	31	16	0	89	29
Buona Beef, Regular (1 sandwich) with Bread Option Guttered F	392	154	17	8	0	80	1413	25	1	1	32	16	0	66	4
Buona Beef, Regular (1 sandwich) with Gravy Option Baptized	380	244	27	13	0	94	1789	2	0	0	29	49	0	25	4
Buona Beef, Regular (1 sandwich) with Gravy Option Dipped	297	170	19	9	0	84	1288	1	0	0	28	25	0	13	4
Buona Beef, Regular (1 sandwich) with Gravy Option Original	325	195	22	10	0	87	1455	2	0	0	28	33	0	17	4
Buona Hot Chicken Sandwich (1 serving)	1043	544	60	9	0	73	2725	92	4	28	31	251	3	70	3
Cheesy Beef, Large (1 sandwich)	501	287	32	14	0	127	2342	6	0	2	43	39	0	68	6
Cheesy Beef, Large (1 sandwich) with Add Cheddar Cheese	821	539	60	30	0	227	2882	6	0	2	63	839	0	668	6
Cheesy Beef, Large (1 sandwich) with Add Extra Meat	608	335	37	17	0	164	2735	6	0	2	57	39	0	68	8
Cheesy Beef, Large (1 sandwich) with Add Hot Giardiniera	553	334	37	17	0	127	2687	7	2	2	45	39	0	68	6
Cheesy Beef, Large (1 sandwich) with Add Marinara Sauce	607	379	42	20	0	152	2582	9	1	4	44	386	0	77	6
Cheesy Beef, Large (1 sandwich) with Add Mild Giardiniera	556	334	37	14	0	127	2687	7	2	2	45	39	0	68	6
Cheesy Beef, Large (1 sandwich) with Add Mozzarella Cheese	711	422	47	25	0	187	2792	9	0	2	58	456	0	428	6
Cheesy Beef, Large (1 sandwich) with Add Sweet Peppers	521	300	33	15	0	127	2362	7	1	3	44	147	23	71	6
Cheesy Beef, Large (1 sandwich) with Bread Option French Br	784	307	34	15	0	127	3013	61	2	4	54	39	0	200	7
Cheesy Beef, Large (1 sandwich) with Bread Option Gluten Fr	761	332	37	14	0	127	2722	58	0	4	47	39	0	148	31
Cheesy Beef, Large (1 sandwich) with Bread Option Guttered F	709	301	33	15	0	127	2836	46	1	3	51	39	0	165	7
Cheesy Beef, Large (1 sandwich) with Gravy Option Baptized	612	386	43	19	0	141	3010	7	0	2	45	72	0	85	7
Cheesy Beef, Large (1 sandwich) with Gravy Option Dipped	529	312	35	16	0	131	2509	6	0	2	44	47	0	72	6
Cheesy Beef, Large (1 sandwich) with Gravy Option Original	557	336	37	17	0	134	2676	7	0	2	44	55	0	76	6
Cheesy Beef, Regular (1 sandwich)	318	171	19	8	0	81	1489	5	0	2	29	16	0	56	4
Cheesy Beef, Regular (1 sandwich) with Add Cheddar Cheese	531	339	38	19	0	148	1849	5	0	2	42	550	0	456	4
Cheesy Beef, Regular (1 sandwich) with Add Extra Meat	424	219	24	11	0	118	1882	5	0	2	42	16	0	56	6
Cheesy Beef, Regular (1 sandwich) with Add Hot Giardiniera	370	218	24	10	0	81	1834	6	2	2	30	16	0	56	4
Cheesy Beef, Regular (1 sandwich) with Add Marinara Sauce	423	263	29	14	0	106	1729	8	1	4	30	364	0	65	4
Cheesy Beef, Regular (1 sandwich) with Add Mild Giardiniera	373	218	24	8	0	81	1834	6	2	2	30	16	0	56	4
Cheesy Beef, Regular (1 sandwich) with Add Mozzarella Cheese	458	261	29	15	0	121	1789	7	0	2	39	294	0	296	4
Cheesy Beef, Regular (1 sandwich) with Add Sweet Peppers	337	184	20	8	0	81	1509	6	1	3	29	124	23	59	4
Cheesy Beef, Regular (1 sandwich) with Bread Option French Br	515	185	21	9	0	81	1957	43	1	3	36	16	0	148	5
Cheesy Beef, Regular (1 sandwich) with Bread Option Gluten Fr	578	218	24	8	0	81	1869	57	0	4	33	16	0	136	29
Cheesy Beef, Regular (1 sandwich) with Bread Option Guttered F	441	179	20	9	0	81	1780	29	1	3	34	16	0	114	4
Cheesy Beef, Regular (1 sandwich) with Gravy Option Baptized	429	270	30	13	0	95	2157	6	0	2	30	49	0	73	4
Cheesy Beef, Regular (1 sandwich) with Gravy Option Dipped	346	196	22	9	0	85	1656	5	0	2	29	25	0	60	4
Cheesy Beef, Regular (1 sandwich) with Gravy Option Original	373	220	24	11	0	88	1823	6	0	2	30	33	0	64	4
Combo Beef and Sausage, Large (1 sandwich)	780	544	60	22	0	165	2681	1	0	0	55	357	0	45	6
Combo Beef and Sausage, Large (1 sandwich) with Add Cheddar Cheese	886	628	70	28	0	198	2861	1	0	0	62	624	0	245	6
Combo Beef and Sausage, Large (1 sandwich) with Add Extra Meat	886	592	66	25	0	202	3074	1	0	0	69	357	0	45	8
Combo Beef and Sausage, Large (1 sandwich) with Add Hot Giardiniera	850	607	67	25	0	165	3141	3	2	0	57	357	0	45	6
Combo Beef and Sausage, Large (1 sandwich) with Add Marinara Sauce	885	636	71	28	0	190	2921	4	1	2	56	705	0	54	6
Combo Beef and Sausage, Large (1 sandwich) with Add Mozzarella Cheese	990	679	75	33	0	225	3131	4	0	0	70	774	0	405	6
Combo Beef and Sausage, Large (1 sandwich) with Add Sweet Peppers	799	557	62	22	0	165	2701	2	1	1	55	465	23	48	6
Combo Beef and Sausage, Large (1 sandwich) with Add Vegan Cheese	870	607	67	29	0	165	2921	8	0	0	55	357	0	45	6
Combo Beef and Sausage, Large (1 sandwich) with Bread Option French Br	1062	564	63	23	0	165	3352	56	2	2	66	357	0	177	7
Combo Beef and Sausage, Large (1 sandwich) with Bread Option Gluten Fr	1040	589	65	22	0	165	3061	53	0	2	59	357	0	125	31
Combo Beef and Sausage, Large (1 sandwich) with Bread Option Guttered F	988	558	62	23	0	165	3176	41	1	1	63	357	0	143	7
Combo Beef and Sausage, Large (1 sandwich) with Gravy Option Baptized	891	643	71	27	0	179	3349	3	0						

Combo Beef and Sausage, Regular (1 sandwich) with Bread	775	396	44	14	0	113	2094	52	0	2	43	231	0	106	29
Combo Beef and Sausage, Regular (1 sandwich) with Bread	638	359	40	15	0	113	2094	24	1	1	43	231	0	84	4
Combo Beef and Sausage, Regular (1 sandwich) with Gravy	626	450	50	19	0	127	2382	2	0	0	40	264	0	43	5
Combo Beef and Sausage, Regular (1 sandwich) with Gravy	543	376	42	15	0	117	1881	1	0	0	39	240	0	31	4
Combo Beef and Sausage, Regular (1 sandwich) with Gravy	571	400	44	17	0	120	2048	1	0	0	39	248	0	35	4
Gravy Bread (1 serving)	309	113	13	6	0	14	1137	40	1	1	9	33	0	109	1
Italian Sausage, Large (1 sandwich)	545	429	48	16	0	89	1769	1	0	0	28	351	0	42	2
Italian Sausage, Large (1 sandwich) with Add Cheddar Cheese	652	513	57	21	0	123	1949	1	0	0	35	618	0	242	2
Italian Sausage, Large (1 sandwich) with Add Hot Giardiniera	615	492	55	19	0	89	2229	3	2	0	30	351	0	42	2
Italian Sausage, Large (1 sandwich) with Add Marinara	651	522	58	22	0	114	2009	4	1	2	29	699	0	51	3
Italian Sausage, Large (1 sandwich) with Add Mozzarella Cheese	755	564	63	26	0	149	2219	4	0	0	43	768	0	402	2
Italian Sausage, Large (1 sandwich) with Add Sweet Peppers	565	442	49	16	0	89	1789	2	1	1	29	459	23	45	2
Italian Sausage, Large (1 sandwich) with Add Vegan Cheese	635	492	55	23	0	89	2009	8	0	0	28	351	0	42	2
Italian Sausage, Large (1 sandwich) with Bread Option French	828	449	50	17	0	89	2440	56	2	2	39	351	0	174	3
Italian Sausage, Large (1 sandwich) with Bread Option Gluten	806	474	53	16	0	89	2149	53	0	2	32	351	0	122	27
Italian Sausage, Large (1 sandwich) with Bread Option Gutted	754	444	49	17	0	89	2264	41	1	1	36	351	0	139	3
Italian Sausage, Large (1 sandwich) with Gravy Option Baptiz	657	528	59	21	0	103	2437	2	0	0	30	384	0	59	3
Italian Sausage, Large (1 sandwich) with Gravy Option Dippe	573	454	50	17	0	93	1936	1	0	0	29	359	0	46	2
Italian Sausage, Large (1 sandwich) with Gravy Option Origin	601	479	53	18	0	96	2103	2	0	0	29	368	0	50	2
Italian Sausage, Regular (1 sandwich)	347	271	30	10	0	57	1073	0	0	0	19	229	0	25	1
Italian Sausage, Regular (1 sandwich) with Add Cheddar Cheese	453	355	39	15	0	91	1253	0	0	0	25	496	0	225	1
Italian Sausage, Regular (1 sandwich) with Add Hot Giardiniera	417	334	37	13	0	57	1533	2	2	0	21	229	0	25	1
Italian Sausage, Regular (1 sandwich) with Add Marinara	453	364	40	16	0	82	1314	3	1	2	19	576	0	35	2
Italian Sausage, Regular (1 sandwich) with Add Mozzarella Cheese	487	361	40	17	0	97	1373	2	0	0	29	507	0	265	1
Italian Sausage, Regular (1 sandwich) with Add Sweet Peppers	366	284	32	10	0	57	1094	2	1	1	19	337	23	28	1
Italian Sausage, Regular (1 sandwich) with Add Vegan Cheese	437	334	37	17	0	57	1313	7	0	0	19	229	0	25	1
Italian Sausage, Regular (1 sandwich) with Bread Option French	544	285	32	11	0	57	1542	38	1	1	26	229	0	118	2
Italian Sausage, Regular (1 sandwich) with Bread Option Gluten	607	316	35	10	0	57	1454	52	0	2	23	229	0	105	27
Italian Sausage, Regular (1 sandwich) with Bread Option Gutted	470	280	31	10	0	57	1365	24	1	1	23	229	0	83	2
Italian Sausage, Regular (1 sandwich) with Gravy Option Baptiz	458	370	41	15	0	71	1742	2	0	0	20	262	0	42	2
Italian Sausage, Regular (1 sandwich) with Gravy Option Dippe	375	296	33	11	0	61	1241	1	0	0	19	237	0	29	1
Italian Sausage, Regular (1 sandwich) with Gravy Option Origin	402	321	36	12	0	64	1408	1	0	0	19	245	0	34	2
Meatball Marinara, Large (1 sandwich)	776	590	66	31	1	162	1908	16	4	6	32	896	3	196	5
Meatball Marinara, Large (1 sandwich) with Add Cheddar Cheese	883	674	75	37	1	196	2086	16	4	6	38	1163	3	396	5
Meatball Marinara, Large (1 sandwich) with Add Hot Giardiniera	846	653	73	34	1	162	2366	18	6	6	34	896	3	196	5
Meatball Marinara, Large (1 sandwich) with Add Marinara	882	682	76	37	1	187	2146	18	5	7	32	1244	3	206	5
Meatball Marinara, Large (1 sandwich) with Add Mozzarella Cheese	986	725	81	42	1	222	2356	19	4	6	47	1313	3	556	5
Meatball Marinara, Large (1 sandwich) with Add Sweet Peppers	796	603	67	32	1	162	1926	17	5	6	32	1004	25	200	5
Meatball Marinara, Large (1 sandwich) with Add Vegan Cheese	866	653	73	38	1	162	2146	23	4	6	32	896	3	196	5
Meatball Marinara, Large (1 sandwich) with Bread Option French	1059	610	68	32	1	162	2577	70	6	7	42	896	3	329	6
Meatball Marinara, Large (1 sandwich) with Bread Option Gluten	1037	635	71	31	1	162	2286	68	4	8	36	896	3	277	30
Meatball Marinara, Large (1 sandwich) with Bread Option Gutted	985	605	67	32	1	162	2401	56	5	7	39	896	3	294	6
Meatball Marinara, Large (1 sandwich) with Gravy Option Baptiz	888	689	77	36	1	176	2574	17	4	6	33	929	3	213	5
Meatball Marinara, Large (1 sandwich) with Gravy Option Dippe	804	615	68	33	1	166	2073	16	4	6	32	904	3	201	5
Meatball Marinara, Large (1 sandwich) with Gravy Option Origin	832	639	71	34	1	169	2240	16	4	6	32	913	3	205	5
Meatball Marinara, Regular (1 sandwich)	445	335	37	18	1	92	1095	9	2	3	19	468	2	116	3
Meatball Marinara, Regular (1 sandwich) with Add Cheddar Cheese	551	419	47	23	1	126	1275	9	2	3	25	735	2	316	3
Meatball Marinara, Regular (1 sandwich) with Add Hot Giardiniera	515	398	44	21	1	92	1555	11	4	3	21	468	2	116	3
Meatball Marinara, Regular (1 sandwich) with Add Marinara	550	428	48	23	1	117	1336	12	3	5	20	816	2	125	3
Meatball Marinara, Regular (1 sandwich) with Add Mozzarella Cheese	585	425	47	25	1	132	1395	11	2	3	29	746	2	356	3
Meatball Marinara, Regular (1 sandwich) with Add Sweet Peppers	464	349	39	18	1	92	1116	10	3	4	19	576	24	119	3
Meatball Marinara, Regular (1 sandwich) with Add Vegan Cheese	535	398	44	25	1	92	1335	16	2	3	19	468	2	116	3
Meatball Marinara, Regular (1 sandwich) with Bread Option French	642	349	39	18	1	92	1564	47	4	4	26	468	2	208	4
Meatball Marinara, Regular (1 sandwich) with Bread Option Gluten	705	381	42	18	1	92	1476	61	2	5	23	468	2	196	28
Meatball Marinara, Regular (1 sandwich) with Bread Option Gutted	568	344	38	18	1	92	1387	33	3	4	23	468	2	174	3
Meatball Marinara, Regular (1 sandwich) with Gravy Option Baptiz	556	434	48	23	1	106	1764	10	2	3	20	501	2	133	3
Meatball Marinara, Regular (1 sandwich) with Gravy Option Dippe	473	360	40	19	1	96	1263	9	2	3	19	476	2	120	3
Meatball Marinara, Regular (1 sandwich) with Gravy Option Origin	500	385	43	20	1	99	1430	10	2	3	20	485	2	124	3
Salads	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Buona's Original Chopped Chicken Salad (1 salad)	375	186	21	5	0	28	753	33	5	7	11	1775	20	149	2
Buona's Original Chopped Chicken Salad (1 salad) with Add Avocado	511	289	32	6	0	28	758	39	10	7	13	1889	28	158	2
Buona's Original Chopped Chicken Salad (1 salad) with Chicken Choice Cr	592	226	25	5	0	127	1100	35	5	7	51	1850	27	177	3
Buona's Original Chopped Chicken Salad (1 salad) with Chicken Choice Gr	502	209	23	5	0	86	956	34	5	7	34	1819	24	165	3
Buona's Original Chopped Chicken Salad (1 salad) with French Bread, 2	464	192	21	5	0	28	965	50	5	7	14	1775	20	191	2
Buona's Original Chopped Chicken Salad (1 salad) with Full Portion of Caesar Dressing	608	367	41	8	0	28	1270	46	5	19	11	1775	21	153	2
Buona's Original Chopped Chicken Salad (1 salad) with Half Portion of Caesar Dressing	491	276	31	6	0	28	1012	39	5	13	11	1775	20	151	2
Classic Caesar Salad (1 salad)	214	77	9	3	0	13	536	27	4	2	11	10916	45	213	2
Classic Caesar Salad (1 salad) with Add Avocado	350	180	20	4	0	13	541	33	9	3	12	11030	53	222	2
Classic Caesar Salad (1 salad) with Add Grilled Chicken Breast	431	117	13	3	0	111	883	29	4	2	50	10991	52	241	3
Classic Caesar Salad (1 salad) with French Bread, 2.25 inch	303	83	9	3	0	13	748	44	5	3	14	10916	45	255	2
Classic Caesar Salad (1 salad) with Full Portion of Caesar Dressing	510	361	40	8	0	51	1098	29	4	4	12	10916	46	227	2
Classic Caesar Salad (1 salad) with Half Portion of Caesar Dressing	362	219	24	5	0	32	817	28	4	3	11	10916	46	220	2
Grilled Chicken Caesar Salad (1 salad)	431	117	13	3	0	111	883	29	4	2	50	10991	52	241	3
Grilled Chicken Caesar Salad (1 salad) with Add Avocado	567	220	24	5	0	111	889	35	10	3	52	11104	59	250	4
Grilled Chicken Caesar Salad (1 salad) with French Bread, 2.25 inch	521	124	14	4	0	111	1095	46	5	3	54	10991	52	283	3
Grilled Chicken Caesar Salad (1 salad) with Full Portion of Caesar Dressing	728	402	45	8	0	149	1445	31	5	4	51	10991	53	254	3
Grilled Chicken Caesar Salad (1 salad) with Half Portion of Caesar Dressing	579	259	29	6	0	130	1164	30	4	3	51	10991	52	248	3
Honey Mustard Chicken Salad (1 salad)	288	178	20	7	0	240	541	11	4	6	16	7103	35	277	2
Honey Mustard Chicken Salad (1 salad) with Add Avocado	424	281	31	8	0	240	546	17	10	6	18	7217	42	286	3
Honey Mustard Chicken Salad (1 salad) with Chicken Choice Cr	590	325	36	10	1	290	1211	28	5	6	37	7103	35	297	3
Honey Mustard Chicken Salad (1 salad) with Chicken Choice Gr	505	218	24	8	0	339	886	12	5	6	56	7178	41	305	4
Honey Mustard Chicken Salad (1 salad) with Chicken Choice Cr	415	201	22	7	0	298	744	12	5	6	39	7147	38	293	3
Honey Mustard Chicken Salad (1 salad) with French Bread, 2.25 inch	377	184	20	7	0	240	753	28	5	6	20	7103	35	319	3
Honey Mustard Chicken Salad (1 salad) with Full Portion of Caesar Dressing	540	368	41	10	0	260	947	25	5	20	17	7103	35	280	2
Honey Mustard Chicken Salad (1 salad) with Half Portion of Caesar Dressing	414	273	30	8	0	250	744	18	5	13	17	7103	35	279	2
Mediterranean Chicken Salad (1 serving)	861	426	47	9	0	114	1883	51	7	14	55	11587	94	337	11
Spicy Chicken Ranch Salad (1 salad)	285	92	10	3	0	10	1575	35	9	7	10	6481	36	172	3
Spicy Chicken Ranch Salad (1 salad) with Add Avocado	420	195	22	4	0	10	1581	42	14	7	12	6595	44	182	3
Spicy Chicken Ranch Salad (1 salad) with Chicken Choice Cr	586	240	27	6	1	60	2245	52	10	7	31	6481	36	192	4
Spicy Chicken Ranch Salad (1 salad) with Chicken Choice Gr	502	133	15	4	0	109	1922	37	9	7	50	6556	42	200	4
Spicy Chicken Ranch Salad (1 salad) with Chicken Choice Gr	411	116	13	3	0	68	1778	37	9	7	33	6525	40	189	4
Spicy Chicken Ranch Salad (1 salad) with French Bread, 2.25 inch	374	99	11	3	0	10	1787	53	9	7	14	6481	36	214	3
Spicy Chicken Ranch Salad (1 salad) with Full Portion of Caesar Dressing	535	319	35	7	0	33	1939	41	9	9	11	6481	36	178	3
Spicy Chicken Ranch Salad (1 salad) with Half Portion of Caesar Dressing	410	206	23	5	0	22	1757	38							

Pizzas	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Chicken Pizza (1 slice)	73	2	0	0	0	5	64	3	0	1	2	53	2	7	0
BBQ Chicken Pizza (1 slice) with Cheese Choice Standard	27	37	4	3	0	12	122	3	0	2	7	166	2	106	0
BBQ Chicken Pizza (1 slice) with Cheese Choice Vegan	71	37	4	4	0	5	194	6	0	1	2	53	2	7	0
BBQ Chicken Pizza (1 slice) with Crust Choice Gluten Free	66	10	1	0	0	5	128	11	0	2	3	53	2	21	4
BBQ Chicken Pizza (1 slice) with Crust Choice Standard	116	20	2	1	0	6	279	19	1	2	5	54	2	14	1
BBQ Chicken Pizza (6 slices)	135	15	2	0	0	33	385	15	2	9	14	319	13	43	1
BBQ Chicken Pizza (6 slices) with Cheese Choice Standard	463	224	25	17	0	70	730	18	2	12	40	994	13	633	1
BBQ Chicken Pizza (6 slices) with Cheese Choice Vegan	428	220	24	23	0	33	1165	38	2	9	14	319	13	43	1
BBQ Chicken Pizza (6 slices) with Crust Choice Gluten Free	395	60	7	0	0	33	765	67	2	11	18	319	13	123	26
BBQ Chicken Pizza (6 slices) with Crust Choice Standard	699	120	13	4	0	33	1675	113	4	13	31	323	13	87	7
Beef and Giardiniera Pizza (1 slice)	39	22	2	1	0	6	170	2	1	1	3	105	9	7	0
Beef and Giardiniera Pizza (1 slice) with Cheese Choice Stan	92	55	6	3	0	12	234	2	1	1	7	211	9	104	0
Beef and Giardiniera Pizza (1 slice) with Cheese Choice Vegan	87	55	6	5	0	6	298	5	1	1	3	105	9	7	0
Beef and Giardiniera Pizza (1 slice) with Crust Choice Gluten	82	30	3	1	0	6	234	10	1	1	3	105	9	20	5
Beef and Giardiniera Pizza (1 slice) with Crust Choice Stand	133	40	4	1	0	6	385	18	1	1	5	105	9	14	1
Beef and Giardiniera Pizza (6 slices)	234	133	15	5	0	37	1022	9	3	4	16	629	51	42	3
Beef and Giardiniera Pizza (6 slices) with Cheese Choice Sta	552	333	37	21	0	70	1404	12	3	7	41	1264	51	627	3
Beef and Giardiniera Pizza (6 slices) with Cheese Choice Veg	520	333	37	27	0	37	1785	31	3	4	16	629	51	42	3
Beef and Giardiniera Pizza (6 slices) with Crust Choice Glute	494	178	20	5	0	37	1402	61	3	6	20	629	51	122	28
Beef and Giardiniera Pizza (6 slices) with Crust Choice Stand	797	237	26	9	0	37	2312	107	5	8	32	633	51	86	9
Cheese Pizza (1 slice)	9	5	1	0	0	0	60	1	0	1	0	69	1	6	0
Cheese Pizza (1 slice) with Cheese Choice Standard	60	37	4	3	0	5	116	1	0	1	4	172	1	100	0
Cheese Pizza (1 slice) with Cheese Choice Vegan	55	37	4	4	0	0	183	4	0	1	0	69	1	6	0
Cheese Pizza (1 slice) with Crust Choice Gluten Free	52	12	1	0	0	0	123	10	0	1	1	69	1	19	4
Cheese Pizza (1 slice) with Crust Choice Standard	103	22	2	1	0	0	275	17	1	1	3	69	1	13	1
Cheese Pizza (6 slices)	53	27	3	0	0	0	357	5	1	3	1	413	6	35	1
Cheese Pizza (6 slices) with Cheese Choice Standard	362	222	25	16	0	32	699	9	1	6	25	1031	6	598	1
Cheese Pizza (6 slices) with Cheese Choice Vegan	331	222	25	22	0	0	1099	27	1	3	1	413	6	35	1
Cheese Pizza (6 slices) with Crust Choice Gluten Free	313	72	8	0	0	0	738	57	1	5	5	413	6	115	26
Cheese Pizza (6 slices) with Crust Choice Standard	616	132	15	4	0	0	1647	103	3	7	17	417	6	79	6
Margherita Pizza (1 slice)	9	5	1	0	0	0	60	1	0	1	0	107	2	4	0
Margherita Pizza (1 slice) with Cheese Choice Standard	64	41	5	3	0	20	110	2	0	1	4	243	2	74	0
Margherita Pizza (1 slice) with Cheese Choice Vegan	71	47	5	5	0	0	223	6	0	1	0	107	2	4	0
Margherita Pizza (1 slice) with Crust Choice Gluten Free	53	12	1	0	0	0	123	10	0	1	1	107	2	17	4
Margherita Pizza (1 slice) with Crust Choice Standard	103	22	2	1	0	0	275	17	1	1	3	107	2	11	1
Margherita Pizza (6 slices)	56	27	3	0	0	0	358	6	1	4	1	640	9	24	0
Margherita Pizza (6 slices) with Cheese Choice Standard	385	249	28	17	0	122	660	10	1	4	22	1458	9	446	0
Margherita Pizza (6 slices) with Cheese Choice Vegan	424	285	32	29	0	0	1340	34	1	4	1	640	9	24	0
Margherita Pizza (6 slices) with Crust Choice Gluten Free	316	72	8	0	0	0	739	58	1	6	5	640	9	104	26
Margherita Pizza (6 slices) with Crust Choice Standard	619	132	15	4	0	0	1648	104	3	8	18	644	9	68	6
Pepperoni Pizza (1 slice)	26	19	2	1	0	4	118	1	0	1	1	69	1	6	0
Pepperoni Pizza (1 slice) with Cheese Choice Standard	78	52	6	3	0	10	175	1	0	1	5	172	1	100	0
Pepperoni Pizza (1 slice) with Cheese Choice Vegan	73	52	6	4	0	4	242	4	0	1	1	69	1	6	0
Pepperoni Pizza (1 slice) with Crust Choice Gluten Free	70	27	3	1	0	4	182	10	0	1	1	69	1	19	4
Pepperoni Pizza (1 slice) with Crust Choice Standard	120	37	4	1	0	4	333	17	1	1	4	69	1	13	1
Pepperoni Pizza (6 slices)	158	115	13	5	0	26	710	5	1	3	4	413	6	35	1
Pepperoni Pizza (6 slices) with Cheese Choice Standard	467	309	34	20	0	58	1051	9	1	6	29	1031	6	598	1
Pepperoni Pizza (6 slices) with Cheese Choice Vegan	436	309	34	27	0	26	1452	27	1	3	4	413	6	35	1
Pepperoni Pizza (6 slices) with Crust Choice Gluten Free	418	160	18	5	0	26	1090	57	1	5	8	413	6	115	26
Pepperoni Pizza (6 slices) with Crust Choice Standard	721	220	24	9	0	27	2000	103	3	7	21	417	6	79	7
Sausage Pizza (1 slice)	33	22	2	1	0	5	139	1	0	1	2	87	1	8	0
Sausage Pizza (1 slice) with Cheese Choice Standard	84	55	6	3	0	10	196	1	0	1	6	190	1	101	0
Sausage Pizza (1 slice) with Cheese Choice Vegan	79	55	6	4	0	5	263	4	0	1	2	87	1	8	0
Sausage Pizza (1 slice) with Crust Choice Gluten Free	76	30	3	1	0	5	203	10	0	1	2	87	1	21	4
Sausage Pizza (1 slice) with Crust Choice Standard	126	40	4	1	0	5	354	17	1	1	4	88	1	15	1
Sausage Pizza (6 slices)	195	133	15	5	0	27	836	5	1	3	10	525	6	46	1
Sausage Pizza (6 slices) with Cheese Choice Standard	504	327	36	20	0	59	1177	9	1	6	35	1142	6	609	1
Sausage Pizza (6 slices) with Cheese Choice Vegan	473	327	36	26	0	27	1578	27	1	3	10	525	6	46	1
Sausage Pizza (6 slices) with Crust Choice Gluten Free	455	178	20	5	0	27	1216	57	1	5	14	525	6	126	27
Sausage Pizza (6 slices) with Crust Choice Standard	759	238	26	8	0	28	2126	103	3	7	27	529	6	90	7
Supremo Pizza (1 slice)	44	27	3	1	0	5	141	3	1	1	2	114	9	10	0
Supremo Pizza (1 slice) with Cheese Choice Standard	97	60	7	4	0	10	205	3	1	2	6	220	9	108	0
Supremo Pizza (1 slice) with Cheese Choice Vegan	92	60	7	5	0	5	269	6	1	1	2	114	9	10	0
Supremo Pizza (1 slice) with Crust Choice Gluten Free	88	34	4	1	0	5	205	11	1	2	2	114	9	24	5
Supremo Pizza (1 slice) with Crust Choice Standard	138	44	5	2	0	5	356	19	1	2	4	115	9	18	1
Supremo Pizza (6 slices)	266	159	18	6	0	29	849	16	3	8	10	685	56	62	2
Supremo Pizza (6 slices) with Cheese Choice Standard	584	360	40	21	0	63	1231	19	3	11	36	1321	56	646	2
Supremo Pizza (6 slices) with Cheese Choice Vegan	553	360	40	28	0	29	1612	38	3	8	10	685	56	62	2
Supremo Pizza (6 slices) with Crust Choice Gluten Free	527	204	23	6	0	29	1229	68	3	10	14	685	56	142	27
Supremo Pizza (6 slices) with Crust Choice Standard	830	264	29	9	0	29	2138	114	6	12	27	690	56	106	8
Vegetable Pizza (1 slice)	39	23	3	0	0	0	166	2	1	1	1	192	14	27	1
Vegetable Pizza (1 slice) with Cheese Choice Standard	92	57	6	3	0	6	229	3	1	1	5	208	14	125	1
Vegetable Pizza (1 slice) with Cheese Choice Vegan	87	57	6	4	0	0	293	6	1	1	1	192	14	27	1
Vegetable Pizza (1 slice) with Crust Choice Gluten Free	82	31	3	0	0	0	229	11	1	1	2	192	14	41	5
Vegetable Pizza (1 slice) with Crust Choice Standard	133	41	5	1	0	0	381	19	1	2	4	193	14	35	2
Vegetable Pizza (6 slices)	233	139	15	1	0	0	994	14	5	6	6	11891	86	164	4
Vegetable Pizza (6 slices) with Cheese Choice Standard	551	339	38	17	0	34	1376	18	5	9	32	12527	86	748	4
Vegetable Pizza (6 slices) with Cheese Choice Vegan	519	339	38	23	0	0	1757	37	5	6	6	11891	86	164	4
Vegetable Pizza (6 slices) with Crust Choice Gluten Free	493	184	20	1	0	0	1374	66	5	8	10	11891	86	244	30
Vegetable Pizza (6 slices) with Crust Choice Standard	797	244	27	5	0	0	2284	112	7	10	23	11895	86	208	10
Fresh Pastas	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Cheese Ravioli Marinara (1 serving)	949	506	56	31	0	195	2030	81	5	5	35	1415	0	632	3
Cheese Ravioli Marinara (1 serving) with Grilled Chicken	1166	546	61	32	0	294	2377	83	5	6	75	1490	7	660	5
Cheese Ravioli Marinara (1 serving) with Hot Giardiniera	1019	569	63	34	0	195	2490	83	7	5	37	1415	0	632	3
Cheese Ravioli Marinara (1 serving) with Italian Sausage	1233	717	80	40	0	250	2986	81	5	5	54	1638	0	654	5
Cheese Ravioli Marinara (1 serving) with Meatballs	1175	668	74	39	1	240	2600	85	6	6	47	1496	2	703	5
Fettuccine Alfredo (1 serving)	810	306	34	19	0	177	1617	94	4	5	29	240	0	429	1
Fettuccine Alfredo (1 serving) with Grilled Chicken	1027	346	38	20	0	275	1965	96	4	5	69	314	6	457	2
Fettuccine Alfredo (1 serving) with Hot Giardiniera	880	369	41	22	0	177	2077	96	6	5	31	240	0	429	1
Fettuccine Alfredo (1 serving) with Italian Sausage	1095	517	57	27	0	232	2574	94	4	5	47	463	0	451	2
Fettuccine Alfredo (1 serving) with Meatballs	1036	468	52	27	1	222	2187	98	5	6	41	320	1	500	3
Rigatoni Marinara (1 serving)	930	353	39	20	0	146	1219	117	6	5	27	1415	0	245	2
Rigatoni Marinara (1 serving) with Grilled Chicken	1147	393	44	21	0	245	1566	119	7	6	67	1490	7	273	3
Rigatoni Marinara (1 serving) with Hot Giardiniera	1000	416	46	23	0	146	1679	119	8	5	29	1415	0	245	2
Rigatoni Marinara (1 serving) with Italian Sausage	1215	564	63	29	0	201	2175	117	6	5	45	1638	0	267	3
Rigatoni Marinara (1 serving) with Meatballs	1156	515	57	28	1	191	1789	121	7	6	39	1496	2	316	4

Plant Based Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Italian Beefless Bowl (1 bowl)	496	181	20	10	0	0	2592	29	1	2	55	259	46	145	5
Italian Beefless Bowl (1 bowl) with Add Hot Giardiniera	566	244	27	13	0	0	3052	31	3	2	57	259	46	145	5
Italian Beefless Bowl (1 bowl) with Add Marinara Sauce	601	274	30	16	0	25	2832	32	2	3	56	606	46	155	5
Italian Beefless Bowl (1 bowl) with Add Sweet Peppers	515	194	22	11	0	0	2613	30	2	3	55	367	68	149	5
Italian Beefless Sandwich (1 sandwich)	215	39	4	0	0	0	1339	11	0	0	36	22	0	89	3
Italian Beefless Sandwich (1 sandwich) with Add Extra Vegan	305	43	5	0	0	0	1779	16	0	0	54	22	0	129	4
Italian Beefless Sandwich (1 sandwich) with Add Hot Giardiniera	285	102	11	3	0	0	1799	13	2	0	38	22	0	89	3
Italian Beefless Sandwich (1 sandwich) with Add Marinara Sauce	320	131	15	6	0	25	1580	14	1	2	37	369	0	99	3
Italian Beefless Sandwich (1 sandwich) with Add Mozzarella Cheese	308	99	11	5	0	27	1539	12	0	0	43	207	0	249	3
Italian Beefless Sandwich (1 sandwich) with Add Sweet Peppers	234	52	6	1	0	0	1360	12	1	1	37	129	23	93	3
Italian Beefless Sandwich (1 sandwich) with Add Vegan Cheese	305	102	11	7	0	0	1579	16	0	0	36	22	0	89	3
Italian Beefless Sandwich (1 sandwich) with Bread Option Gluten Free	412	53	6	1	0	0	1806	49	1	1	44	22	0	182	4
Italian Beefless Sandwich (1 sandwich) with Bread Option Gluten Free	475	84	9	0	0	0	1720	63	0	2	40	22	0	169	28
Italian Beefless Sandwich (1 sandwich) with Bread Option Gluten Free	337	47	5	1	0	0	1631	35	1	1	41	22	0	147	3
Soups	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Chili, Bowl (1 bowl)	387	157	17	6	0	63	1171	41	12	10	29	75	1	145	5
Chili, Bowl (1 bowl) with Oyster Crackers	447	171	19	6	0	63	1311	52	12	10	30	75	1	145	5
Chili, Quart (1 quart)	1150	490	54	20	0	197	3544	116	35	29	89	301	3	486	16
Chili, Quart (1 quart) with Oyster Crackers	1210	504	56	20	0	197	3684	127	35	29	90	301	3	486	16
Minestrone Soup, Bowl (1 bowl)	192	30	3	0	0	0	851	39	7	5	8	0	0	55	2
Minestrone Soup, Bowl (1 bowl) with French Bread, 2.5 inch	281	36	4	0	0	0	1063	56	7	6	11	0	0	97	2
Minestrone Soup, Quart (1 quart)	534	88	10	0	0	0	2539	108	20	16	22	0	0	165	4
Minestrone Soup, Quart (1 quart) with French Bread, 2.5 inch	623	94	10	0	0	0	2751	125	20	16	25	0	0	207	5
Sides	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Cheese Fries (1 serving)	389	194	22	2	2	0	2085	48	2	2	4	0	0	50	1
Large Fries (1 serving)	355	158	18	1	2	0	1763	50	3	0	3	0	0	25	1
Large Fries (1 serving) with Cheese Sauce	436	201	22	2	2	2	2374	57	3	3	5	0	0	104	1
Onion Rings (1 serving)	331	112	12	2	1	0	600	50	4	6	4	0	5	0	1
Potato Salad (1 serving)	413	291	32	4	0	34	529	25	2	2	4	295	11	9	1
Regular Fries (1 serving)	260	116	13	1	1	0	1293	37	2	0	2	0	0	18	1
Regular Fries (1 serving) with Cheese Sauce	341	158	18	2	1	2	1904	44	2	3	4	0	0	97	1
Side House Salad (1 salad)	70	11	1	0	0	0	163	12	3	2	4	5600	41	85	4
Side House Salad (1 salad) with Full Portion of House Dressing	230	164	18	3	0	0	383	13	3	2	4	5600	41	85	4
Side House Salad (1 salad) with Half Portion of House Dressing	150	87	10	1	0	0	273	12	3	2	4	5600	41	85	4
Kids Meals	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Kids Apple (1 apple)	80	2	0	0	0	0	1	19	3	14	0	75	6	8	0
Kids Brownie Shake (1 shake)	542	183	20	11	0	68	337	80	1	66	10	12	0	302	1
Kids Buona Beef (1 sandwich)	334	96	11	5	0	57	1054	31	1	1	26	4	0	77	3
Kids Cheese Pizza (1 pizza)	465	164	18	10	0	16	996	53	2	5	21	521	3	324	3
Kids Crispy Chicken Tenders (1 serving)	453	222	25	4	1	75	1005	26	2	0	32	0	0	30	2
Kids Crispy Chicken Tenders (1 serving) with Barbecue Sauce	494	222	25	4	1	75	1403	36	2	9	32	0	6	35	2
Kids Crispy Chicken Tenders (1 serving) with Buffalo Sauce	471	231	26	4	1	75	2080	27	2	1	32	0	3	37	2
Kids Crispy Chicken Tenders (1 serving) with Honey Mustard	642	364	40	7	1	90	1310	37	2	10	32	0	0	33	2
Kids Crispy Chicken Tenders (1 serving) with Ranch Dressing	640	391	43	7	1	92	1278	29	2	2	32	0	0	35	2
Kids Crispy Chicken Tenders (1 serving) with Zesty Buona Dressing	652	381	42	7	1	75	1242	35	2	8	32	0	2	35	2
Kids Fries (1 serving)	260	116	13	1	1	0	1293	37	2	0	2	0	0	18	1
Kids Grilled Chicken Strips (1 serving)	217	40	4	1	0	99	347	2	0	0	40	75	6	28	1
Kids Grilled Chicken Strips (1 serving) with Barbecue Sauce	259	40	4	1	0	99	746	12	1	9	40	75	12	33	1
Kids Grilled Chicken Strips (1 serving) with Buffalo Sauce	236	50	6	1	0	99	1423	4	1	1	40	75	9	34	1
Kids Grilled Chicken Strips (1 serving) with Honey Mustard	406	183	20	3	0	114	652	13	1	11	40	75	7	30	1
Kids Grilled Chicken Strips (1 serving) with Ranch Dressing	405	210	23	4	0	116	620	6	1	2	40	75	7	32	1
Kids Grilled Chicken Strips (1 serving) with Zesty Buona Dressing	417	199	22	3	0	99	585	12	1	8	40	75	8	33	2
Kids Hot Dog (1 hot dog)	304	146	16	7	0	34	777	27	0	4	12	0	0	20	2
Kids Hot Dog (1 hot dog) with Celery Salt	305	146	16	7	0	34	778	28	0	4	12	8	0	20	2
Kids Hot Dog (1 hot dog) with Diced Onions	309	146	16	7	0	34	777	29	0	4	13	0	1	22	2
Kids Hot Dog (1 hot dog) with Dill Pickle Spear	306	146	16	7	0	34	1103	28	0	4	12	0	0	20	2
Kids Hot Dog (1 hot dog) with Sport Peppers	304	146	16	7	0	34	777	27	0	4	12	0	0	20	2
Kids Hot Dog (1 hot dog) with Sweet Pickle Relish	319	146	16	7	0	34	887	31	0	7	12	0	0	20	2
Kids Hot Dog (1 hot dog) with Tomato Slice	306	146	16	7	0	34	778	28	0	4	13	79	1	21	2
Kids Hot Dog (1 hot dog) with Yellow Mustard	310	148	16	7	0	34	888	28	0	4	13	1	0	26	2
Drinks	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Diet Pepsi, Large (1 beverage)	0	0	0	0	0	0	72	0	0	0	0	0	0	0	0
Diet Pepsi, Regular (1 beverage)	0	0	0	0	0	0	45	0	0	0	0	0	0	0	0
Dr Pepper, Large (1 beverage)	264	0	0	0	0	0	84	65	0	65	0	0	0	0	0
Dr Pepper, Regular (1 beverage)	165	0	0	0	0	0	53	41	0	41	0	0	0	0	0
Fresh Brewed Tea, Large (1 beverage)	0	0	0	0	0	0	12	0	0	0	0	0	0	12	0
Fresh Brewed Tea, Regular (1 beverage)	0	0	0	0	0	0	8	0	0	0	0	0	0	8	0
Fresh Lemonade, Large (1 beverage)	224	0	0	0	0	0	48	61	0	58	0	0	0	0	0
Fresh Lemonade, Regular (1 beverage)	140	0	0	0	0	0	30	38	0	36	0	0	0	0	0
Mountain Dew, Large (1 beverage)	264	0	0	0	0	0	120	74	0	74	0	0	0	0	0
Mountain Dew, Regular (1 beverage)	165	0	0	0	0	0	75	46	0	46	0	0	0	0	0
Pepsi, Large (1 beverage)	240	0	0	0	0	0	60	65	0	65	0	0	0	0	0
Pepsi, Regular (1 beverage)	150	0	0	0	0	0	38	41	0	41	0	0	0	0	0

Sobe Life Pomegranate, Large (1 beverage)	0	0	0	0	0	0	72	0	0	0	0	0	0	0	0	0
Sobe Life Pomegranate, Regular (1 beverage)	0	0	0	0	0	0	45	0	0	0	0	0	0	0	0	0
Starry Lemon Lime Soda, Large (1 beverage)	240	0	0	0	0	0	56	62	0	62	0	0	0	0	0	0
Starry Lemon Lime Soda, Regular (1 beverage)	150	0	0	0	0	0	35	39	0	39	0	0	0	0	0	0
Strawberry Watermelon Lemonade, Large (1 beverage)	1355	0	0	0	0	0	56	361	0	339	0	0	0	124	0	0
Strawberry Watermelon Lemonade, Regular (1 beverage)	847	0	0	0	0	0	35	226	0	212	0	0	0	78	0	0
Milkshakes	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)	
Chocolate Shake, Large (1 shake)	1305	351	39	26	0	163	745	211	0	181	26	0	0	845	1	
Chocolate Shake, Regular (1 shake)	738	203	23	15	0	94	428	118	0	102	15	0	0	488	1	
Cookies and Cream Shake, Large (1 shake)	1455	477	53	28	0	138	965	218	0	165	26	0	0	755	5	
Cookies and Cream Shake, Regular (1 shake)	728	239	27	14	0	69	483	109	0	83	13	0	0	378	2	
Fudge Brownie Shake (1 shake)	786	272	30	15	0	93	481	116	2	93	13	24	0	376	3	
Fudge Brownie Shake, Large (1 shake)	1572	543	60	29	0	186	961	231	3	186	27	48	0	753	5	
Peanut Butter Cup Shake, Large (1 shake)	1885	819	91	18	0	133	1135	225	0	195	42	0	0	745	0	
Peanut Butter Cup Shake, Regular (1 shake)	1028	437	49	11	0	79	623	125	0	109	23	0	0	438	0	
Strawberry Shake, Large (1 shake)	1048	297	33	22	0	138	605	166	2	147	22	0	36	730	1	
Strawberry Shake, Regular (1 shake)	590	176	20	13	0	81	358	91	1	80	13	0	12	428	0	
Vanilla Shake, Large (1 shake)	1190	378	42	28	0	175	770	175	0	154	28	0	0	910	1	
Vanilla Shake, Regular (1 shake)	680	216	24	16	0	100	440	100	0	88	16	0	0	520	0	
Desserts	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)	
Chocolate Chip Cannoli with Peanuts (1 serving)	301	136	15	4	0	27	56	31	1	20	8	172	0	142	1	
Fresh Baked Cookie (1 cookie)	400	180	20	11	0	25	270	52	2	30	4	0	0	20	3	
Fudge Brownie (1 brownie)	637	246	27	7	0	48	356	94	3	65	5	48	0	38	5	
Full Size Cannoli (1 cannoli)	283	113	13	4	0	31	63	33	0	24	7	215	0	172	1	
Ghirardelli Brownie (1 brownie)	637	246	27	7	0	48	356	94	3	65	5	48	0	38	5	
Ghirardelli Peanut Butter Brownie (1 brownie)	852	363	40	8	0	52	464	114	4	81	10	48	0	67	5	
White Chocolate Macadamia Nut Cookie (1 cookie)	420	189	21	12	0	30	255	51	0	30	3	0	0	30	3	
Family Meals	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)	
Beef Family Meal (1 serving)	795	403	45	14	0	110	2275	56	2	2	38	162	6	111	5	
Beef Family Meal (1 serving) with Hot Peppers	795	403	45	14	0	110	2275	56	2	2	38	162	6	111	5	
Beef Family Meal (1 serving) with Sweet Peppers	834	429	48	14	0	110	2317	59	3	4	38	378	51	117	5	
Beef Family Meal (4 servings)	3178	1611	179	55	0	438	9102	223	10	10	152	647	23	442	21	
Beef Family Meal (4 servings) with Hot Peppers	3178	1611	179	55	0	438	9102	223	10	10	152	647	23	442	21	
Beef Family Meal (4 servings) with Sweet Peppers	3336	1715	191	57	0	438	9267	234	14	15	154	1510	205	469	22	
Beef and Chicken Parmesan Family Meal (1 serving)	1144	595	66	23	0	189	3320	75	4	5	56	714	6	230	7	
Beef and Chicken Parmesan Family Meal (1 serving) with Hot Peppers	1144	595	66	23	0	189	3320	75	4	5	56	714	6	230	7	
Beef and Chicken Parmesan Family Meal (1 serving) with Sweet Peppers	1184	621	69	24	0	189	3361	78	5	6	57	930	51	237	7	
Beef and Chicken Parmesan Family Meal (4 servings)	4578	2379	264	93	0	757	13281	302	14	19	225	2856	23	922	29	
Beef and Chicken Parmesan Family Meal (4 servings) with Hot Peppers	4578	2379	264	93	0	757	13281	302	14	19	225	2856	23	922	29	
Beef and Chicken Parmesan Family Meal (4 servings) with Sweet Peppers	4735	2484	276	95	0	757	13446	313	19	25	227	3719	205	949	30	
Beef and Rigatoni Family Meal (1 serving)	2001	858	95	40	0	301	3811	209	10	9	72	1924	6	382	8	
Beef and Rigatoni Family Meal (1 serving) with Hot Peppers	2001	858	95	40	0	301	3811	209	10	9	72	1924	6	382	8	
Beef and Rigatoni Family Meal (1 serving) with Sweet Peppers	2040	884	98	41	0	301	3852	212	11	11	72	2140	52	389	8	
Beef and Rigatoni Family Meal (4 servings)	8003	3433	381	160	0	1204	15245	837	41	38	287	7698	25	1529	31	
Beef and Rigatoni Family Meal (4 servings) with Hot Peppers	8003	3433	381	160	0	1204	15245	837	41	38	287	7698	25	1529	31	
Beef and Rigatoni Family Meal (4 servings) with Sweet Peppers	8161	3537	393	162	0	1204	15410	848	46	43	289	8561	207	1556	32	
Beef and Sausage Family Meal (1 serving)	1338	678	75	25	0	170	3971	96	4	4	64	505	29	235	7	
Beef and Sausage Family Meal (1 serving) with Hot Peppers	1338	678	75	25	0	170	3971	96	4	4	64	505	29	235	7	
Beef and Sausage Family Meal (1 serving) with Sweet Peppers	1377	704	78	25	0	170	4013	99	5	6	65	721	74	242	8	
Beef and Sausage Family Meal (4 servings)	5351	2712	301	99	0	679	15886	384	17	17	258	2021	114	939	30	
Beef and Sausage Family Meal (4 servings) with Hot Peppers	5351	2712	301	99	0	679	15886	384	17	17	258	2021	114	939	30	
Beef and Sausage Family Meal (4 servings) with Sweet Peppers	5508	2816	313	101	0	679	16051	395	21	23	260	2884	297	966	31	
Beers and Wines	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)	
Bud Light (1 bottle)	110	0	0	0	0	0	9	7	0	0	1	0	0	0	0	
Budweiser (1 bottle)	145	0	0	0	0	0	9	11	0	0	1	0	0	0	0	
Cabernet Sauvignon (1 glass)	148	0	0	0	0	0	0	5	0	0	0	0	0	0	0	
Goose Island 312 Urban Wheat Ale (1 bottle)	135	0	0	0	0	0	10	12	0	0	2	0	0	0	0	
Pinot Grigio (1 glass)	148	0	0	0	0	0	0	4	0	0	0	0	0	0	0	
Stella Artois (1 bottle)	150	0	0	0	0	0	17	12	0	0	0	0	0	0	0	

Buona Restaurant Allergen Information													
Burgers	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds	Gluten Free
Avocado Jack Burger	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N
with Add Applewood Bacon	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N
with Bun Choice Brioche	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N
with Bun Choice Gluten Free Wrap	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N
with Bun Choice Lettuce Bun	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N
Avocado Jack Double Burger	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N

with Gravy Option Original with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
Buona Classics	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds	Gluten Free	
Gravy Bread	N	N	N	N	Y	N	N	Y	N	N	Y	N	N	
Gravy Bread with Gluten Free Wrap	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y
Italian Sausage, Large with Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Cheddar Cheese with a Gluten Free Wrap	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Hot Giardiniera with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Marinara Sauce with a Gluten Free Wrap	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Mozzarella Cheese with a Gluten Free Wrap	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Sweet Peppers and a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Vegan Cheese and a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Bread Option French Bread	N	N	N	N	Y	N	N	Y	N	N	Y	N	N	
with Bread Option Gluten Free Wrap	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Bread Option Gutted French Bread	N	N	N	N	Y	N	N	Y	N	N	Y	N	N	
with Gravy Option Baptized with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Gravy Option Dipped with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Gravy Option Original with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
Italian Sausage, Regular with Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Cheddar Cheese with a Gluten Free Wrap	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Hot Giardiniera with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Marinara Sauce with a Gluten Free Wrap	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Mozzarella Cheese with a Gluten Free Wrap	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Sweet Peppers and a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Vegan Cheese and a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Bread Option French Bread	N	N	N	N	Y	N	N	Y	N	N	Y	N	N	
with Bread Option Gluten Free Wrap	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Bread Option Gutted French Bread	N	N	N	N	Y	N	N	Y	N	N	Y	N	N	
with Gravy Option Baptized with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Gravy Option Dipped with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
with Gravy Option Original with a Gluten Free Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
Buona Classics	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds	Gluten Free	
Meatball Marinara, Large with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Cheddar Cheese with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Hot Giardiniera with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Marinara Sauce with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Mozzarella Cheese with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Sweet Peppers and a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Vegan Cheese and a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Bread Option French Bread	N	N	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Bread Option Gluten Free Wrap	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Bread Option Gutted French Bread	N	N	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Gravy Option Baptized with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Gravy Option Dipped with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Gravy Option Original with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
Meatball Marinara, Regular with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Cheddar Cheese with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Hot Giardiniera with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Marinara Sauce with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Mozzarella Cheese with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Sweet Peppers and a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Vegan Cheese and a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Bread Option French Bread	N	N	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Bread Option Gluten Free Wrap	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Bread Option Gutted French Bread	N	N	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Gravy Option Baptized with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Gravy Option Dipped with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
with Gravy Option Original with a Gluten Free Wrap	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	Y
Salads	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds	Gluten Free	
Buona's Original Chopped Chicken Salad	N	N	Y	N	N	N	N	N	N	N	Y	N	N	
with Avocado	N	N	Y	N	N	N	N	N	N	N	Y	N	N	
with Chicken Choice Grilled Chicken	N	N	Y	N	N	N	N	N	N	N	Y	N	N	
with Chicken Choice Grilled Chopped Chicken	N	N	Y	N	N	N	N	N	N	N	Y	N	N	
with French Bread, 2.25 inch	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	
with Full Portion of Sweet Red Wine Vinaigrette	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	
with Half Portion of Sweet Red Wine Vinaigrette	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	
Classic Caesar Salad	N	N	Y	N	Y	N	N	N	N	N	Y	N	N	
with Avocado	N	N	Y	N	Y	N	N	N	N	N	Y	N	N	
with Grilled Chicken Breast	N	N	Y	N	Y	N	N	N	N	N	Y	N	N	
with French Bread, 2.25 inch	N	N	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Full Portion of Caesar Dressing	Y	Y	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Half Portion of Caesar Dressing	Y	Y	Y	N	Y	N	N	Y	N	N	Y	N	N	
Grilled Chicken Caesar Salad	N	N	Y	N	Y	N	N	N	N	N	Y	N	N	
with Avocado	N	N	Y	N	Y	N	N	N	N	N	Y	N	N	
with French Bread, 2.25 inch	N	N	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Full Portion of Caesar Dressing	Y	Y	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Half Portion of Caesar Dressing	Y	Y	Y	N	Y	N	N	Y	N	N	Y	N	N	
Salads	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds	Gluten Free	
Honey Mustard Chicken Salad with Grilled Chicken	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Avocado and Grilled Chicken	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Chicken Choice Crispy Chicken	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N	
with Chicken Choice Grilled Chicken	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Chicken Choice Grilled Chopped Chicken	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with French Bread, 2.25 inch	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Full Portion of Honey Mustard Dressing	Y	N	Y	N	N	N	N	Y	N	N	N	N	N	Y
with Half Portion of Honey Mustard Dressing	Y	N	Y	N	N	N	N	Y	N	N	N	N	N	Y
Mediterranean Chicken Salad	N	N	Y	N	Y	N	N	Y	Y	N	Y	N	N	
Spicy Chicken Ranch Salad	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Avocado	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Chicken Choice Crispy Chicken	N	N	Y	N	N	N	N	Y	N	N	Y	N	N	
with Chicken Choice Grilled Chicken	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Chicken Choice Grilled Chopped Chicken	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with French Bread, 2.25 inch	N	N	Y	N	Y	N	N	Y	N	N	Y	N	N	
with Full Portion of Ranch Dressing	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y
with Half Portion of Ranch Dressing	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y
Strawberry Avocado Chicken Salad	N	N	N	N	N	N	N	Y	N	Y	Y	N	N	

Desserts	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds	Gluten Free
Chocolate Chip Cannoli with Peanuts	Y	N	Y	N	N	Y	N	Y	N	N	Y	N	N
Fresh Baked Cookie	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N
Fudge Brownie	Y	N	N	N	N	N	N	N	N	N	Y	N	N
Full Size Cannoli	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N
Ghirardelli Brownie	Y	N	Y	N	N	N	N	Y	N	N	Y	N	N
Ghirardelli Peanut Butter Brownie	Y	N	Y	N	N	Y	N	Y	N	N	Y	N	N
White Chocolate Macadamia Nut Cookie	Y	N	Y	N	Y	N	N	Y	N	Y	Y	N	N
Family Meals	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds	Gluten Free
Beef Family Meal	Y	N	N	N	Y	N	N	Y	N	N	Y	N	N
with Hot Peppers	Y	N	N	N	Y	N	N	Y	N	N	Y	N	N
with Sweet Peppers	Y	N	N	N	Y	N	N	Y	N	N	Y	N	N
Beef and Chicken Parmesan Family Meal	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N
with Hot Peppers	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N
with Sweet Peppers	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N
Beef and Rigatoni Family Meal	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N
with Hot Peppers	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N
with Sweet Peppers	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	N
Beef and Sausage Family Meal	Y	N	N	N	Y	N	N	Y	N	N	Y	N	N
with Hot Peppers	Y	N	N	N	Y	N	N	Y	N	N	Y	N	N
with Sweet Peppers	Y	N	N	N	Y	N	N	Y	N	N	Y	N	N
Beers and Wines	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds	Gluten Free
Bud Light	N	N	N	N	Y	N	N	N	N	N	N	N	N
Budweiser	N	N	N	N	Y	N	N	N	N	N	N	N	N
Cabernet Sauvignon	N	N	N	N	N	N	N	N	Y	N	N	N	Y
Goose Island 312 Urban Wheat Ale	N	N	N	N	Y	N	N	N	N	N	Y	N	N
Pinot Grigio	N	N	N	N	N	N	N	N	Y	N	N	N	Y
Stella Artois	N	N	N	N	Y	N	N	N	N	N	Y	N	N